

“Early intervention
for arthritis can lead to
far better patient
outcomes”



Spire Tunbridge Wells Hospital is pleased to be able to offer the One-Stop Early Arthritis Clinic, led by consultant rheumatologist Dr Taher Mahmud. Dr Mahmud aims to diagnose and initiate the most appropriate treatment for your arthritis condition, all in the one visit.

Dr Taher Mahmud, MD, MSc, MRCP, has a General Medicine and Rheumatology practice. He is the Maidstone and Tunbridge Wells NHS Lead for Clinical Governance in Acute Medicine & Audit and also the Lead for Osteoporosis.

The Clinic offers

Services

Immediate appointments.

Full range of X-ray and diagnostic imaging options.

Diagnostic imaging reports performed on-site by our highly qualified Consultant Radiologists.

Blood tests.

An outpatient consultation with Dr Mahmud to discuss your condition, scan results and treatment options.

Who can use the Clinic?

The One-Stop Clinic is open to all – there is no need for medical insurance. If you don't have private medical insurance or you have exclusions on your policies, one-off private treatment is available.

Do I need a referral?

Only if you are using your private medical insurance. Referrals can be made via your GP, accident and emergency doctor, or any other medical practitioner.

If you're paying for your own treatment, you don't need a referral from your GP.

How do I access the Clinic?

To make an appointment, or for more information, please phone Dr Mahmud's Secretary, on **01892 741127**.

Alternatively, you can access details from the hospital website:

www.spirehealthcare.com/tunbridgewells

How often is the Clinic held?

The One-Stop Early Arthritis Clinic is held every Friday at the Spire Tunbridge Wells Hospital.